

Brain Stress & Lactic Acid: Causes Carries & Acne

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Abstract

This paper provides a brief examination of how lactic acid may lead to dental carries in geniuses as well as acne for student's under mental stress. New findings in lactic acid as a fuel for the brain may be the cause of these ailments. Panic attacks result for too much acid. A simple pH test on a patient's saliva may show that lactic acid leads to health problems that are common among the studious.

Keywords: *Lactic Acid; Acid; Carries; Panic Attacks; Acne*

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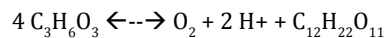
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Introduction

The brain uses lactic acid as a fuel. It gives back to the body: sugar; oxygen for the muscles and H⁺ (acid). This acid causes the saliva to rot away at the teeth. High thought processes leads to the consumption of lactic acid and rotten teeth as we see in Einstein; Dirac and Cusack.

Lactic Acid has been found to be a component that fights acne. If the brain is using up the lactic acid when under stress, then acne may result. So, we see the brains with acne. When under academic stress.

The Chemical Formula is:



4 Lactic Acid Oxygen fuel + Acid + Sugar

If one puts oneself under tremendous mental stress, then one should see acne and rotten teeth as we do. Panic Attack are found to be a symptom of an imbalance of pH in the brain.

Conclusion

High mental stress may lead to dental carries; acne and panic attacks.

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